

# Grand **PARENTS**, Grand **CHILDREN** & Grand **TIMES**

## Day 1

Welcome to Cedar Falls, Iowa! Arrive at the hotel of your choice. Cedar Falls offers two full-service hotels and nine additional hotels offering free continental breakfast and group amenities.

[CedarFallsTourism.org/Places-to-stay/hotels-motels](http://CedarFallsTourism.org/Places-to-stay/hotels-motels) (1 hour)

Enjoy a leisurely stroll around **Prairie Lakes**. Along the 1.5 mile path, locate the animal sculptures which depict animals that were commonly found on the prairie. (1 hour)

It's time to visit **Hansen's Dairy Farm**. A guided farm tour will take you through the process of getting milk from the cow to the table. Admission includes a trolley ride to the farm, then a walking tour to see their cows, calves, kangaroos, goats, milking parlor, barn, and creamery. Top your day off with a catered meal and ice cream inside their visitor center.

[HansenDairy.com](http://HansenDairy.com) (2-3 hours)



## Day 2

Today is all about the great outdoors! First, it's off to tour **Linda Nebbe's Wildlife Rehab Center**. Linda is a Master Rehabber with an extensive background and interest in the essential connection of humans, animals, and nature. [BlackHawkWildLifeRehab.com](http://BlackHawkWildLifeRehab.com) (1 hour)

Learn about maple syruping, bird watching, butterflies, pioneer life, animals of Iowa, wildflowers, bees, or conservation history of Iowa at **Hartman Reserve Nature Center**. The Nature Center boasts over 10,000 square feet of education exhibit and lab areas, a nature observation room, and a large deck overlooking the bluff of the Cedar River. Explore 340-acres of nature preserve which features ponds, valleys, woods, prairies, meadows, and wildlife. [HartmanReserve.org](http://HartmanReserve.org) (3 hours—includes lunch)

While the youngsters and the young at heart play in **Hick's Woods** with Battlefield Sport laser equipment, those who prefer a slower pace may take an archery class or fish, paddle boat, or canoe on **Hick's Pond**. Enjoy a catered meal in the barn. Finish the day with a bonfire and hayride. [HicksPlace.biz](http://HicksPlace.biz) (3+ hours)

## Day 3

After spending the day in the great outdoors, today's focus is on history and art.

First on the agenda is 100-year-old **Ice House Museum** located on the banks of the Cedar River. This circular building was built in 1921 and once stored ice cut from the Cedar River. It now features interactive displays that tell the ice harvesting story. [CFHistory.org](http://CFHistory.org) (1 hour)

At the **Bluedorn Imaginarium** it's time for some hands-on science through interactive exhibits and demonstrations. [GroutMuseumDistrict.org](http://GroutMuseumDistrict.org) (1.5 hours)

A catered lunch will be served in the beautiful glass lobby of the **Five Sullivan Brothers Iowa Veterans Museum** under the P51D Mustang. After lunch, tour the museum which honors Waterloo's military heroes, The Fighting Sullivans: five brothers who perished on the same ship during WWII. The museum features interactive exhibits, displays, and oral histories for all conflicts from the Civil War to present day. [GroutMuseumDistrict.org](http://GroutMuseumDistrict.org) (2.5 hours)

History has been covered, now it's time for art! At the **Hearst Center for the Arts & Sculpture Garden** view the work of contemporary, local, and regional artists and masterful sculptures in a restful, meditative garden at your leisure. Then share your own artistry by decorating a cloth bag. [TheHearst.org](http://TheHearst.org) (2 hours)

Relax over a delicious entrée served up at the **Brown Bottle**. This is a local favorite nestled on the banks of the Cedar River. [TheBrownBottle.com](http://TheBrownBottle.com) (1.5 hours)

Complete the day kayaking by the light of underwater L.E.D. light kits on the lake at **George Wyth State Park**. [MaxxRentals.com](http://MaxxRentals.com) (1.5 hours)



## Day 4

Customize your last day in Cedar Falls. One or more activities could include the following: splash the day away at **Lost Island Water Park**, which is ranked 3rd in the U.S.; enjoy 18-holes of golf at **Pheasant Ridge Golf Course**; take in the scenery as you cycle the **Cedar Valley Trails**; or wander through the locally owned shops in the **Historic Downtown District** of Cedar Falls. [TheLostIsland.com](http://TheLostIsland.com); [PheasantRidgeGolfCourse.com](http://PheasantRidgeGolfCourse.com); [CedarTrailsPartnership.org](http://CedarTrailsPartnership.org); [CommunityMainStreet.org](http://CommunityMainStreet.org)



**Contact the Cedar Falls Tourism & Visitors Bureau today to have your trip customized to meet the interests of your group!**

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