

# **CEDAR VALLEY** **WRESTLING**

# **NATIONALS** **TOURNAMENT**

**WHEN: SUNDAY, MARCH 23, 2025**

**WHERE: FIT COURTS, 924 VIKING RD, CEDAR FALLS, IA 50613**

**WRESTLING BEGINS AT 9 A.M.**

## **ENTRY FEES**

**Online entry: \$40 plus processing fees**

Online entry ends March 22nd at 4pm No Refunds!

Register online only at: [www.trackwrestling.com](http://www.trackwrestling.com) and search: "Cedar Valley Nationals 2025"

**ADMISSION: \$10 cash only**

(3 years old or younger FREE) No Refunds!

**COACHES PASS: \$20 cash only per day No Refunds!**

- No wrestling card needed for this tournament!
- We will have a Concession and Apparel Stand Open! No Refunds!
- You can bring a small cooler! No big coolers!
- Fit Courts has small 3 row bleachers against the walls that cannot be moved.
- You can bring folding chairs with rubber legs or rubber covers!
- No metal legged chairs on the gym court!

## **AWARDS**

- Custom Medals 1st-6th Place. Individual Champions will receive a Custom belt buckle!
  - Team champions will receive a banner for the overall Boys & Girls Teams!
- Most valuable wrestlers for the Boys and Girls Divisions will receive a plaque!

**WEIGH-IN SCHEDULE - No scale allowance!**

**Optional Saturday, March 22**

(\$10 per person) weigh-in: 6:00-7:00 p.m.

**Sunday, March 23** Free Weigh-in 7:00-8:00am For for All Divisions (doors open at 7 a.m.)

***All wrestlers must wear singlets or 2-piece at weigh-ins!***

## **INFORMATION CONTACT:**

Question: Email [farrellpromotions@gmail.com](mailto:farrellpromotions@gmail.com)

Join Group for updates: Cedar Valley Wrestling Tournaments on Facebook

Concession Stand and Apparel Sales all day!

No Card Needed for this tournament! Not responsible for lost items or liable for accidents/injuries. For each wrestler only 2 coaches are in the corner for matches!

- This is a GRADE tournament. You must register your wrestler for the grade they are in during the 2024-25 school year.

We reserve the right to combine weight classes!

**Sponsors:** Cedar Valley Sports Commission and Cedar Falls Tourism & Visitors Bureau



# NATIONALS TOURNAMENT

**SUNDAY, MARCH 23, 2025**

**Girls & Boys Individual Divisions & Weight Classes below**

---

**Girls Grades (K-2nd – Folkstyle) Match Time will be 1-1-1**

Wrestling start time: 9am / Weight Classes: 35,40,45,50,55,60,65,70,HWT

**Girls Grades (3rd-5th – Folkstyle) Match Times (1-1-1)**

Wrestling start time: 9am / Weight Classes: 45,50,55,60,65,70,75,80,85,90,95,100,105,115,HWT

**Girls Grades (6th-8th – Folkstyle) Match Times (2-1-1)**

Wrestling start time: 9am / Weight Classes: 65,70,75,80,85,90,95,100,105,110,120,130,140,150,160,180,HWT

**Girls High School (9th-12th – Folkstyle) Match Times (1:30-1:30-1:30)**

Wrestling start time: 9am / Weight Classes: 100,105,110,115,120,125,130,135,140,145,155,170,190,HWT

**Women's Open (18+ – Folkstyle) Match Time will be (1-1-1)**

Wrestling start time: 9am / Weight Classes: 101,109,116,123,130,136,143,155,170,191, HWT

**\*Mom's Division (Folkstyle) Match Time will be (1-1-1)**

Wrestling start time: 9am / Weight Classes: 101,109,116,123,130,136,143,155,170,191, HWT

---

**Boys Grades (Prek-K – Folkstyle) Match Time will be (1-1-1)**

Wrestling start time: 9am / Weight Classes: 35,40,45,50,55,60,70,HWT

**Boys Open (Grades 1st-2nd – Folkstyle) Match Times (1-1-1)**

Wrestling start time: 9am / Weight Classes: 40,45,50,55,60,65,70,75,80,HWT

**Boys Open (Grades 3rd-4th – Folkstyle) Match Times (1-1-1)**

Wrestling start time: 9am / Weight Classes: 50,55,60,65,70,75,80,85,90,95,100,HWT

**Boys Open (Grades 5th & 6th – Folkstyle) Match Times (1-1-1)**

Wrestling start time: 9am / Weight Classes: 60,65,70,75,80,85,90,95,100,105,110,120,HWT

**Boys Open (Grades 7th-8th – Folkstyle) Match Times (2-1-1)**

Wrestling start time: 9am / Weight Classes: 70,75,80,85,90,95,100,105,110,120,130,140,150,160,180,HWT

**Boys High School (9th-12th – Folkstyle) Match Time will be (1:30-1:30-1:30)**

Wrestling start time: 9am / Weight Classes: 106,113,120,126,132,138,144,150,157,165,175,190,215,HWT

**Men's Open (18+ – Folkstyle) Match Time will be (1-1-1)**

Wrestling start time: 9am / Weight Classes: 125,133,141,149,157,165,174,184,197,HWT

**\*Dad's Division (Folkstyle) Match Time will be (1-1-1)**

Wrestling start time: 9am / Weight Classes: 125,133,141,149,157,165,174,184,197,HWT

**\*FOR DAD'S & MOM'S DIVISIONS \*PARENTS MUST HAVE A SON OR DAUGHTER WRESTLING IN THE TOURNAMENT TO ENTER**